

Natural Smoothie

Wild Mountain Raspberry

NUTRITION FACTS

Serving Size 8 oz (prepared)

Servings per Container Varied

Amount per Serving

Calories 110 Calories from Fat 5

% Daily Value*

Total Fat .5g 1 %

Saturated Fat .5g 3 %

Trans Fat 0g

Cholesterol 0mg 0 %

Sodium 60mg 3 %

Total Carbohydrate 25g 8 %

Fiber 0g 0 %

Sugars 21g

Protein 1g

Vitamin A 0%

Vitamin C 90%

Calcium 4%

Iron 0%

Last Changed: 5/7/2012