

**Wricley Nut Products Co.**  
**Premium Mixed Nuts (Roasted & Salted)**

NUTRITION FACTS			
Serving Size: 30g			
Servings per Container: Varied			
Amount per Serving			
<b>Calories</b> 190	<b>Calories from Fat</b> 130		
<b>% Daily Value*</b>			
<b>Total Fat</b> 15g	23%		
Saturated Fat 2g	10%		
Trans Fat 0g			
<b>Cholesterol</b> 0mg	0%		
<b>Sodium</b> 70mg	3%		
<b>Total Carbohydrate</b> 7g	2%		
Dietary Fiber 2g	8%		
Sugars 2g			
<b>Protein</b> 5g			
Vitamin A 0%	*	Vitamin C 0%	
Calcium 4%	*	Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat 9	* Carbohydrate 4	* Protein 4

Ingredients: Brazil nuts, almonds, pecans, macadamia nuts, cashews, walnuts, pure canola oil, salt.