Apple Cinnamon Grand-ola Bar

NUTRITION FACTS

Serving Size 2.8 oz (78g)
Servings per Container 1

Amount per Serving

Calories 267	Calories from Fat 20
	% Daily Value*
Total Fat 2g	3 %
Saturated Fat 0g	2 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 363mg	15 %
Total Carbohydrate 56g	19 %
Fiber 5g	21 %
Sugars 30g	
Protein 5g	

Vitamin A 0%	**Vitamin C 1%**
Calcium 3%	**Iron 10%**

Last Changed: 3/1/2012