

09/27/2007

GKI MILK CHOCOLATE SUNFLOWER SEEDS

Nutrition Facts			
Serving Size (40g)			
Servings Per Container			
Amount Per Serving			
Calories 220		Calories from Fat 130	
		% Daily Value*	
Total Fat 15g			23%
Saturated Fat 5g			25%
Trans Fat 0g			
Cholesterol <5mg			2%
Sodium 10mg			0%
Total Carbohydrate 19g			6%
Dietary Fiber 2g			8%
Sugars 16g			
Protein 5g			
Vitamin A 0% • Vitamin C 0%			
Calcium 4% • Iron 6%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: MILK CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, CHOCOLATE LIQUOR, SOY LECITHIN (AN EMULSIFIER), VANILLIN (ARTIFICIAL FLAVOR)), SUNFLOWER SEEDS AND CONFECTIONERS GLAZE.

Contains Milk and Soy.

Allergy information: this product made in facility that processes peanuts, tree nuts, soy, wheat and dairy products.