

09/27/2007

GKI YOGURT PEANUTS

Nutrition Facts			
Serving Size (40g)			
Servings Per Container			
<hr/>			
Amount Per Serving			
Calories 220		Calories from Fat 140	
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		% Daily Value*	
Total Fat 16g			25%
Saturated Fat 11g			55%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 15mg			1%
Total Carbohydrate 19g			6%
Dietary Fiber <1g			4%
Sugars 17g			
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Protein 4g			
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Vitamin A 0%	•	Vitamin C 0%	
Calcium 2%	•	Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: YOGURT (SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL, NONFAT MILK POWDER, WHOLE MILK POWDER, YOGURT POWDER (CULTURED WHEY AND NONFAT MILK), LACTIC ACID, SOY LECITHIN (AN EMULSIFIER) VANILLIN (ARTIFICIAL FLAVOR)), PEANUTS AND CONFECTIONERS GLAZE.

Contains Milk, Peanuts and Soy.
Allergy information; this product made in facility that processes peanuts, tree nuts, soy, wheat and dairy.