

Bulk Food Inc.
Cheddar Cracker Nips

NUTRITION FACTS	
Serving Size: about 32 crackers (30g)	
Servings per Container:	
Amount per Serving	
Calories 150	Calories from Fat 60
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 230mg	10%
Total Carbohydrate 18g	6%
Dietary Fiber <1g	3%
Sugars <1g	
Protein 3g	
Vitamin A 0% *	Vitamin C 0%
Calcium 4% *	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 *	Carbohydrate 4 * Protein 4

Ingredients: Enriched flour (wheat flour, malted, barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable shortening (cottonseed oil, partially hydrogenated soybean oil, citric acid, TBHQ (antioxidant)), cheese powder (cheddar and blue cheese (pasteurized milk, cheese cultures, salt, enzymes), whey, cultured nonfat milk, partially hydrogenated soybean oil, salt, sodium citrate, monosodium glutamate, natural flavor, lactic acid yellow 5&6), yeast, cheese paste (milk, cheese cultures, salt, enzymes, calcium chloride, cream, water, lactic acid, acetic acid, salt, disodium phosphate, potassium sorbate (preservative), xanthan gum), water, salt, cheddar seasoning (wheat flour, modified corn starch, partially hydrogenated soybean oil, corn syrup solids, sodium caseinate, cheddar, romano & parmesan cheeses (cultured pasteurized milk, salt, enzymes), whey, buttermilk, partially hydrogenated soybean and/or canola oil, monosodium glutamate, salt, lactic acid, silicon dioxide, citric acid, yellow 5 lake, adipic acid, sodium phosphate, autolyzed yeast extract, natural & artificial flavors, yellow 6 lake, spice, disodium inosinate, disodium guanylate, maltodextrin, tricalcium phosphate, sodium diacetate), autolyzed yeast, sodium bicarbonate, paprika, monocalcium phosphate, acetic acid, red pepper, yellow 5&6, ammonium sulfate, calcium sulfate, azodicarbonamide, enzymes.

**Contains: Wheat, Milk and Soy Ingredients.

Distributed By: Dutch Valley Foods

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