Bella Four Bakery, Inc. Whole Wheat Raspberry Bars

NUTRITION FACTS			
Serving Size: 1 Bar (35g)			
Servings per Container:			
Amount per Se			
Calories 120 Calories from Fat 25			
% Daily Value*			
Total Fat 2.5g			4%
Saturated Fat 0g			0%
Trans Fat Og			
Cholesterol Omg			0%
Sodium 55mg			2%
Total Carbohydrate 22g			7%
Dietary Fiber 1g			6%
Sugars	•		
Protein 2g			
Vitamin A 0% * Vitamin C 0%			
Calcium 0% * Iron 4%			
*Percent Daily Values are based on a 2,000 calorie			
diet. Your daily values may be higher or lower			
depending on your calorie needs.			
		s: 2,000	
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
	Less than	J	
Sodium		2,400mg	
Total Carbohydrate		300g	
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 * Carbohydrate 4 * Protein 4			

Ingredients: Raspberry filling (sugar, corn syrup, raspberries, apple powder (preserved with sulfur dioxide), modified food starch, water, natural and artificial flavor, glycerine, citric acid, pectin, locust bean gum, red 40, blue 1), whole wheat flour, sugar, non-hydrogenated canola oil, corn syrup, honey, caramel color, whey, salt, glycerine, baking soda, lecithin, baking powder.