

Item # 154050

Desc: Gluten Free All Purpose Flour

Nutrition Facts

Serving Size 1/4 cup (30g)

Servings Per Container Varied

Amount Per Serving

Calories 100 Calories from Fat 5

% Daily Value*

Total Fat 1 g 2 %

Saturated Fat 0 g 0 %

Trans Fat 0g

Cholesterol 0 mg 0 %

Sodium 0 mg 0 %

Total Carbohydrate 22 g 7 %

Dietary Fiber 3 g 12 %

Sugars 1 g

Protein 3 g

Vitamin A 0% Vitamin C 0%

Calcium 2% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

154050 Gluten Free All Purpose Flour

Ing: Garbanzo bean flour, potato starch, tapioca flour, whole grain sweet white sorghum flour, fava bean flour.

**Gluten Free

Product information/materials may change. Refer to the package or call for updates.