

Food Ingredients Company

Grain Processing Group Technical Services Eleven ConAgra Drive Omaha, Nebraska 68102 402-595-4476 fax 402-595-7226

Brand Name: Fine Whole Wheat Flour, Stone Ground

Description: Fine Whole Wheat Flour, Stone Ground is the food prepared in the grinding and bolting of cleaned hard wheat. The product is produced in accordance with good manufacturing practices and all applicable FDA regulations as amended

aximum
- 5.0%
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Ingredient Listing:

Whole Wheat Flour

All testing methods AACC (American Association of Cereal Chemists) approved.

*Moisture Basis/Nitrogen Factor: 12.0% MB/n x 5.7

Shelf Life: 90 days at recommended storage conditions and good sanitary practices.

Best if used within 60 days.

Storage Conditions: 70 degrees F; 70% Relative Humidity

Kosher Certification: Kashruth certification by Kosher Overseers of America.

Nutritional Information:

Calories (kcal)	320	TDF (g)	10.49	Protein (g)	14.0
Calories from Fat	15	Sodium (mg)	2	Calcium (mg)	19
Fat (g)	1.62	Potassium (mg)	411	Iron (mg)	3.30 *
Saturated Fat (g)	0.240	Vitamin A (IU)	0.0	Vitamin C (mg)	0.0
Cholesterol (g)	0.0	Monounsaturated Fat (g)	0.241	Soluble Fiber (g)	1.70
Carbohydrate (g)	61.4	Polyunsaturated Fat (g)	0.620	InsolubleFiber (g)	8.79
Sugars (g)	2.70			*Unenriched Value	

The above assays represent guidelines for product formulation, and were run on a random basis. Varietal and growing conditions (weather and soil) can have an effect on these values. Data is based on composite commercial samples analyzed on a 100 g basis.

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