



**INGREDIENT
TECHNOLOGY
GROUP**

**SOFT/MOIST
SWEETENED DRIED CRANBERRIES
UPC #94514, 92008, 03477
NUTRITIONAL ANALYSIS**

Per 100 grams

Calories	320.0
Calories from Fat	12.33
Total Carbohydrates	82.43 g
Sugars	65.0 g
Dietary Fiber	5.67 g
Protein	<0.10 g
Total Fat	1.37 g
Saturated Fat	<0.5 g
Trans Fat	0 g
Cholesterol	0 mg
Moisture	16.00 g
Ash	0.20 g
Vitamin A	0 mg
Vitamin C	<1.00 mg
Calcium	10.0 mg
Iron	0.53 mg
Copper	0.08 mg
Magnesium	4.70 mg
Niacin	0.99 mg
Phosphorus	7.80 mg
Potassium	40.20 mg
Riboflavin	0.016 mg
Sodium	3.20 mg
Thiamin	0.007 mg
Zinc	0.11 mg

This analysis represents an average sampling.

Ocean Spray Cranberries Ingredient Technology Group
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