



Specialty Products

NUTRITIONAL INFORMATION
Instant Vanilla Pudding - #12355

DESCRIPTION

Nutritional Data reported per 100 grams:

Calories (in Kcal) (calculated)	386.5
Calories From Fat	5.9
Moisture	0.3 g
Protein	0.0 g
Total Carbohydrates	95.2 g
Sugar	79.7 g
Total Dietary Fiber	0.8 g
Fat	0.7 g
Saturated Fatty Acid	0.1 g
Unsaturated Fatty Acid	0.0 g
Polyunsaturated Fat	0.1 g
Monounsaturated Fat	0.4 g
Total Trans Fatty Acids	0.1 g
Cholesterol	0.0 mg
Ash	3.8 g
Sodium	1337.2 mg
Potassium	15.3 mg
Calcium	8.6 mg
Magnesium	2.9 mg
Zinc	0.0 mg
Iron	0.1 mg
Vitamin A	0.0 IU
Vitamin C	0.0 mg

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