

**Olde Time Food Products Corp.**  
**Dry Roasted and Salted Cashews**

NUTRITION FACTS			
Serving Size: ¼ cup (33g)			
Servings per Container:			
Amount per Serving			
Calories 190		Calories from Fat 130	
% Daily Value*			
Total Fat 14g		22%	
Saturated Fat 3g		16%	
Cholesterol 0mg		0%	
Sodium 75mg		3%	
Total Carbohydrate 9g		3%	
Dietary Fiber 1g		5%	
Sugars 2g			
Protein 5g			
Vitamin A 0%		* Vitamin C 0%	
Calcium 0%		* Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9		* Carbohydrate 4	* Protein 4

**Ingredients: Cashews, salt.**