

Wricley Nut Products Co.
Raw Ex-Large Blanched Virginia Peanuts

NUTRITION FACTS	
Serving Size: 28g	
Servings per Container: Varied	
Amount per Serving	
Calories 160	Calories from Fat 100
% Daily Value*	
Total Fat 11g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 7g	2%
Dietary Fiber 4g	16%
Sugars less than 1g	
Protein 7g	
Vitamin A 0% * Vitamin C 0%	
Calcium 0% * Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Raw Peanuts