

**Zerega**  
**1/8" Medium Noodles**

<b>NUTRITION FACTS</b>	
Serving Size: 2oz (56g)	
Servings per Container: 80	
Amount per Serving	
<b>Calories</b> 220	<b>Calories from Fat</b> 25
<b>% Daily Value*</b>	
<b>Total Fat</b> 2.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol</b> 50mg	17%
<b>Sodium</b> 15mg	1%
<b>Total Carbohydrate</b> 40g	13%
Dietary Fiber 3g	8%
Sugars 2g	
<b>Protein</b> 8g	
Vitamin A 0% * Vitamin C 0%	
Calcium 2% * Iron 10%	
Thiamine 30% * Riboflavin 10%	
Niacin 15% * Folate 30%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000    2,500	
Total Fat	Less than    65g    80g
Saturated Fat	Less than    20g    25g
Cholesterol	Less than    300mg    300mg
Sodium	Less than    2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

**Ingredients:** Durum flour, eggs, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid.

\*\*Contains wheat and egg ingredients.

\*\*Information taken from product label