

American Italian Pasta Company

Elbow Spaghetti

NUTRITION FACTS			
Serving Size: 2oz (56g)			
Servings per Container: 160			
Amount per Serving			
Calories 210		Calories from Fat 10	
% Daily Value*			
Total Fat	1g		2%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	0mg		0%
Total Carbohydrate	41g		14%
Dietary Fiber	2g		7%
Sugars	2g		
Protein 7g			
Vitamin A	0%	* Vitamin C	0%
Calcium	0%	* Iron	10%
Thiamine	30%	* Riboflavin	15%
Niacin	20%	* Folate	25%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	* Carbohydrate	4 * Protein 4

Ingredients: Durum semolina, niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, folic acid.

**Contains wheat ingredients.

**Information taken from product label