

# Nutrition Facts

Serving Size 28g

Servings Per Container

---

**Amount Per Serving**

---

**Calories 130** **Calories From Fat**

---

% Daily Value\*

**Total Fat 7g** **9%**

---

Saturated Fat 1g **5%**

---

Trans Fat 0g

---

**Cholesterol 0mg** **0%**

---

**Sodium 160mg** **7%**

---

**Potassium 120mg** **2%**

---

**Total Carbohydrate 160g** **6%**

---

Dietary Fiber 2g **7%**

---

Sugars 1g

---

**Protein 2g**

---

**Vitamin A %** **Vitamin C %**

---

**Calcium 2%** **Iron 6%**

---

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

---

Calories Per Gram

Fat 9

Carbohydrate 4

Protein 4

Last Changed **3/15/2018**