

FIESTA SUNSHINE SNACK
DUTCH VALLEY FOODS
NUTRIPAR
October 5, 2005

Nutrition Facts	
Serving Size 1/4 cup,(30 grams)	
Servings Per Container	
Amount Per Serving	
Calories 160	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	6%
Sugars 1g	
Protein 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Roasted Peanuts (peanuts, hi-oleic oil (pure canola oil), salt) Cashews (cashews, hi-oleic oil {pure canola oil}, salt); Corn Sticks (yellow corn masa, soybean oil, BBQ seasoning {salt, sugar, chili pepper, spices, natural flavor (contains milk), paprika, maltodextrin (corn), garlic powder, onion powder, natural smoke flavoring, oleoresin paprika (contains soy), Red #40}) Honey Mustard Sticks (unbleached wheat flour{malted barley flour added as a preservative}, soybean oil, sesame seeds, bulgur wheat, honey mustard & onion seasoning {sugar, dried mustard {distilled vinegar, spices, salt, maltodextrin, modified food starch, turmeric}, dried honey, onion powder, spice, wheat starch, salt, garlic powder, sodium diacetate, citric acid, horseradish powder, natural flavor {coconut oil fractions, ethyl alcohol} extract of turmeric}, salt, safflower oil, beet powder (color), turmeric (color)); Pumpkin Seeds (pumpkin seeds, hi-oleic oil {pure canola oil}, salt).