

Item # 545261
Desc: Plantains

Nutrition Facts			
Serving Size 1 ounce (28g)			
Servings Per Container Varied			
Amount Per Serving			
Calories 140		Calories from Fat 70	
		% Daily Value*	
Total Fat	7 g		11 %
Saturated Fat	2 g		10 %
Trans Fat	0 g		
Cholesterol	0 mg		0 %
Sodium	35 mg		1 %
Total Carbohydrate	17 g		6 %
Dietary Fiber	0 g		0 %
Sugars	0 g		
Protein	1 g		
Vitamin A	4%	Vitamin C	2%
Calcium	2%	• Iron	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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Ing: Selected green plantains, vegetable oil, salt.

Product information/materials may change. Refer to the package or call for updates.