

Salted Fried Green Peas

NUTRITION FACTS	
Serving Size: (30g)	
Servings per Container:	
Amount per Serving	
Calories 125	Calories from Fat 21
% Daily Value*	
Total Fat 2.4g	3.7%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	3.8%
Total Carbohydrate 20g	6.7%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 5g	
Vitamin A 0% * Vitamin C 0%	
Calcium 3% * Iron 15%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Green peas, palm oil, sea salt, artificial color (FD&C yellow #5, blue #1).

**Allergens: None Present