

Keystone Pretzel Bakery
No Salt Dutch Pretzels

NUTRITION FACTS	
Serving Size: 3 pretzels (34g)	
Servings per Container: about 67	
Amount per Serving	
Calories 150	Calories from Fat 15
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 29g	10%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 4g	
Vitamin A 0%	* Vitamin C 0%
Calcium 0%	* Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	* Carbohydrate 4 * Protein 4

Ingredients: Wheat flour, corn syrup, soybean and/or cottonseed oil, yeast, vegetable fiber and soda.

**Contains: Wheat and Soy Ingredients.