

TH Foods, Inc.
Cheddar Sesame Sticks

NUTRITION FACTS	
Serving Size: 1oz (28g)	
Servings per Container:	
Amount per Serving	
Calories 150	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	20%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	3%
Sugars 1g	
Protein 3g	
Vitamin A 0% * Vitamin C 0%	
Calcium 4% * Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Unbleached wheat flour (malted barley flour added as a preservative), soybean oil, bulgur wheat, sesame seeds, cheese powder (cheddar cheese (cultured milk, salt, enzymes), whey protein concentrate, lactose, buttermilk solids, salt, annatto extract), salt, annatto (color), citric acid.