

CHS

Roasted & Salted Soybeans

| NUTRITION FACTS | | | |
|--|-----------|----------------------|-------------|
| Serving Size: 3 tbsp (30g) | | | |
| Servings per Container: varies | | | |
| Amount per Serving | | | |
| Calories 140 | | Calories from Fat 70 | |
| % Daily Value* | | | |
| Total Fat | 7g | | 11% |
| Saturated Fat | 1g | | 5% |
| Trans Fat | 0g | | |
| Cholesterol | 0mg | | 0% |
| Sodium | 90mg | | 4% |
| Total Carbohydrate | 10g | | 3% |
| Dietary Fiber | 5g | | 20% |
| Sugars | 0g | | |
| | | | |
| Protein | 10% | | |
| Vitamin A 2% | | * Vitamin C 2% | |
| Calcium 4% | | * Iron 6% | |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | | | |
| | | Calories: 2,000 | 2,500 |
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Calories per gram: | | | |
| Fat 9 | | * Carbohydrate 4 | * Protein 4 |

Ingredients: Roasted soybeans, sunflower oil with citric acid added as a preservative, salt.

Allergen Information: This product was processed in a facility that also processes products containing wheat.