

Nat. Garlic & Herb Seasoning
Dutch Valley Foods
May 18, 2010

Nutrition Facts	
Serving Size 1/4 teaspoon (1g)	
Servings Per Container	
Amount Per Serving	
Calories 5	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	1%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 0%	• Vitamin C 4%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Garlic, Onion, Natural Unrefined Cane Sugar, Sea Salt, Whole Wheat Flour, Roasted Garlic, Soybean Oil, Parsley, Soy Sauce Powder (fermented soybeans, wheat & salt), Red Bell Pepper, Ascorbic Acid (Vitamin C), Citric Acid, Natural Color.

Allergen Statement

**Contains: Soy and Wheat Ingredients.
**Packaged in a facility that also processes products containing: peanuts, tree nuts, soybeans, milk, egg, fish, crustaceans shellfish and wheat ingredients.

SUGGESTED USAGE:

-This all natural blend of Garlic, Herbs and Vegetables is a flavorful addition to many foods. It compliments any meat with out being too salty. Pound it into a Steak, Rub it on a pork or Beef Roast, Sprinkle it onto Chicken or Fish. It is good on Vegetables, Pasta, or Potatoes. Sprinkle it onto Bread, Bagels or Pretzels before baking.