

Supplement Facts

Serving Size 1 Tbsp (15 ml)

Servings Per Container 32

Amount Per Serving

Calories 120 **Calories from Fat** 120

% Daily Value*

Total Fat 14 g **22%**

Saturated Fat 1.5 g **8%**

Cholesterol 6 mg **2%**

Vitamin E Natural
(d-alpha Tocopherol) 2 IU **7%**

Omega-3 Polyunsaturated Fat

Alpha Linolenic Acid (LNA) 6080 mg †

Eicosapentaenoic Acid (EPA) 360 mg †

Docosahexaenoic Acid (DHA) 240mg †

Omega-6 Polyunsaturated Fat

Linoleic Acid (LA) 2135 mg †

Gamma-Linolenic Acid (GLA) 220 mg †

Omega-9 Monounsaturated Fat

Oleic Acid 2535 mg †

*Percent Daily Values (DV) are based on a
2,000 calorie diet.

†Daily Value not established.