

Bickels Snack Foods
Fiesta Mix

NUTRITION FACTS	
Serving Size: 1oz (28g / about 1 cup)	
Servings per Container:	
Amount per Serving	
Calories 150	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 3g	
Vitamin A 0% * Vitamin C 0%	
Calcium 0% * Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Corn Chips: whole grain corn, vegetable oil (contains one or more of the following: canola, corn, cottonseed, safflower, soybean or sunflower), salt, **BBQ seasoning** (spices, corn flour, sugar, torula yeast, soy grits, monosodium glutamate, onion powder, tomato, hydrolyzed corn/wheat proteins, caramel color, dextrose, garlic powder, red no. 40, extractives of paprika, paprika and natural smoke flavor). **Fried Cheese Curls:** corn meal, vegetable oil (contains one or more of the following: canola, corn, cottonseed, safflower, soybean or sunflower), whey, salt, maltodextrin, cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), corn syrup solids, sodium caseinate, natural & artificial flavors, monosodium glutamate, disodium phosphate, yellow #5&6, **Nacho Cheese Tortilla Chips:** whole grain corn, vegetable oil (contains one or more of the following: canola, corn, cottonseed, safflower, soybean or sunflower), dried romano, cheddar & parmesan cheeses (pasteurized milk, cheese cultures, salt, enzymes), whey, salt, dried buttermilk, enriched bleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), monosodium glutamate, tomato solids, onion powder, nonfat milk, garlic powder, citric acid, disodium phosphate, autolyzed yeast extract, lactic acid, spice, caramel color paprika extract, yellow #6, turmeric extract, dextrose, disodium inosinate & guanylate, sucrose, red #40, dipotassium phosphate.

**Contains: Wheat, Milk and Soy Ingredients.