

**Good's
Potato Chips – “Blue Bag”**

NUTRITION FACTS	
Serving Size: 1oz (28g/ about 13 chips)	
Servings per Container:	
Amount per Serving	
Calories 160	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 180mg	8%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% * Vitamin C 10%	
Calcium 0% * Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Whole fresh potatoes, lard, salt, TBHQ added to protect flavor.