

Martins Potato Chips, Inc.
Kettle Cooked Potato Chips

NUTRITION FACTS	
Serving Size: 1oz (28g / about 19 chips)	
Servings per Container: 14	
Amount per Serving	
Calories 150	Calories from Fat 70
% Daily Value*	
Total Fat 8g	13%
Saturated Fat 2g	10%
Trans Fat 3g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 2g	
Vitamin A 0%	* Vitamin C 10%
Calcium 0%	* Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	* Carbohydrate 4 * Protein 4

Ingredients: Potatoes, pure vegetable shortening (soybean), salt.

**Contains: Soy Ingredients.