

# Nutrition Facts

about 12 servings per container

Serving size 1/12th of the package  
(57g)

Amount Per Serving

Calories 230

% Daily Value\*

Total Fat 4.5g 6%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 180mg 8%

Total Carbohydrate 45g 16%

Dietary Fiber 1g 4%

Total Sugars 27g

Includes 26g Added  
Sugars 52%

Protein 3g

Vitamin D 0mcg 0%

Calcium 57mg 4%

Iron 1mg 6%

Potassium 75mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2 000 calories a day is used for general nutrition advice.