

Breton Multigrain Crackers 12/8.8oz

NUTRITION FACTS

Serving Size 5 crackers (22g)

Servings per Container Varied

Amount per Serving

Calories 110 Calories from Fat 0

% Daily Value*

Total Fat 5g 8 %

Saturated Fat 2.5g 13 %

Trans Fat 0g

Cholesterol 0mg 0 %

Sodium 115mg 5 %

Total Carbohydrate 14g 5 %

Fiber 1g 4 %

Sugars 1g

Protein 2g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 4%