

Colonial  
Maple Leaf Crème Cookies

NUTRITION FACTS			
Serving Size: 100g			
Servings per Container:			
Amount per Serving			
Calories 120		Calories from Fat 45	
% Daily Value*			
Total Fat 5g		8%	
Saturated Fat 1g		5%	
Cholesterol 0mg		0%	
Sodium 55mg		2%	
Total Carbohydrate 18g		6%	
Dietary Fiber Less than 1g		3%	
Sugars 11g			
Protein 1g			
Vitamin A 0%		* Vitamin C 0%	
Calcium 0%		* Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Calories: 2,000		2,500	
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9		* Carbohydrate 4 * Protein 4	

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), POWDERED SUGAR, VEGETABLE OIL SHORTENING [PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS, BHA AND BHT (AS PRESERVATIVE)], SUGAR, GLUCOSE SYRUP, CORN STARCH, SALT, LEAVENING (BAKING SODA, AMMONIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE, CALCIUM SULFATE), SOYBEAN LECITHIN (AN EMULSIFIER), COLOR (CONTAINING FD&C YELLOW #5, YELLOW #6, RED #40, CARAMEL), NATURAL AND ARTIFICIAL FLAVOR.

\*\* MANUFACTURED IN A FACILITY THAT HANDLES NUT PRODUCTS

\*\* Information taken from product package label