

Whole Wheat Lemon Fig Bar

NUTRITION FACTS

Serving Size 1 oz (28g)

Servings per Container 24

Amount per Serving

Calories 110

Calories from Fat 20

% Daily Value*

Total Fat 2.5g

4 %

Saturated Fat 0g

0 %

Trans Fat 0g

Cholesterol 0mg

0 %

Sodium 35mg

2 %

Total Carbohydrate 20g

7 %

Fiber 2g

6 %

Sugars 10g

Protein 2g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 4%

Vitamin E %

Niacin %

Phosphorous %

Magnesium %

Manganese %