

Goetze's
Cow Tales

NUTRITION FACTS	
Serving Size: 1 piece (28.35g)	
Servings per Container:	
Amount per Serving	
Calories 110	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 1g	3%
Trans Fat 0.5g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 20g	7%
Dietary Fiber less than 1g	0%
Sugars 11g	
Protein 1g	
Vitamin A 2% * Vitamin C 0%	
Calcium 2% * Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Wheat flour, corn syrup, dextrose, sugar, partially hydrogenated soybean oil, high fructose corn syrup, modified whey, skim milk, cream, mono and diglycerides, salt, lecithin, corn starch, and artificial flavors.

**Contains: Wheat, Milk and Soy Ingredients.