

Nutrition Facts

8 servings per container

Serving size

3 tbsp (28g)

Amount Per Serving

Calories

100

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 75mg **3%**

Total Carbohydrate 19g **7%**

Dietary Fiber 3g **11%**

Total Sugars 13g

Includes 0g Added Sugars **0%**

Protein 4g **8%**

Vitamin D 0mcg **0%**

Calcium 52mg **4%**

Iron 2mg **10%**

Potassium 417mg **8%**

Vitamin A 1260mcg **140%**

Vitamin C 18mg **20%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.