Nutrition Facts About 5.5 Servings Per Container, Serving Size: 2 sandwich cookies (31g), Amount Per Serving: Calories 160, Total Fat 10g (13% DV), Saturated Fat 5g (27% DV), Trans Fat 0g, Cholesterol 10mg (4% DV), Sodium 45mg (2% DV), Total Carb 17g (6% DV), Dietary Fiber 0g (0% DV), Total Sugars 8g (includes 8g Added Sugars) (17% DV), Protein less than 1g, Vitamin D 0.1mcg (0% DV), Calcium 10mg (0% DV), Iron 0.2mg (0% DV), Potassium 30mg (0% DV).

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.2,000 calories a day is used for general nutrition advice.