

Nutrition Facts

4 servings per container

Serving size

1 packet (60g)

Amount Per Serving

Calories

250

% Daily Value*

Total Fat 4.5g 6%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 80mg 4%

Total Carbohydrate 41g 15%

Dietary Fiber 6g 21%

Total Sugars 8g

Includes 6g Added Sugars 10%

Protein 10g

Vitamin D 0mcg 0%

Calcium 43mg 4%

Iron 3mg 15%

Potassium 220mg 5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.